

Physical Development

By the end of EYFS,

Gross Motor Skills ELG Chn at the expected level of development will:

- Negotiate space and obstacles safely, with consideration for themselves and others
- Demonstrate strength, balance, and coordination when playing
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

Fine Motor Skills ELG Chn at the expected level of development will

- Hold a pencil effectively in preparation for fluent writing-using the tripod grip in almost all cases
- Use a range of small tools, including scissors, paint brushes and cutlery
- Begin to show accuracy and care when drawing

Autumn Term

<u>Gross Motor Skills</u>	<u>Fine Motor Skills</u>
<ul style="list-style-type: none"> • Chn will know how to stop and start on instruction • Chn will know what being in a space means (modelled) • Chn will know how to move safely in a space eg hall/playground without touching anybody. This will be at walking pace initially. • Chn will know how to use equipment safely eg bikes & trikes and move around the environment • Chn will know how to bounce a ball and catch it • Chn will know and notice how their bodies change when moving-heart rate/breathing rate/body temperature • Chn will recognise when things may be risky with support from an adult (Model and scaffold resolution) 	<ul style="list-style-type: none"> • Chn will know how to hold a knife and fork • Establish left and right hand dominance • Chn will know how to hold a pencil. Model and correct misconceptions. • Chn will know how to press, lace and trace to develop pincer grip • Chn will know to apply the correct pressure (address misconceptions) • Chn will know how to follow a straight line horizontally and vertically • Chn will know how to follow a pattern (zigzag/wave/swirl) • Chn will know how to form the letters as set out in RWI (see Literacy & Strong Start) • Chn will know that letter formation and writing is part of every area of provision

	<ul style="list-style-type: none"> Chn will know how to hold other equipment that will be needed in the setting eg paintbrush, glue spreader, scissors and use safely
Assessment	
<ul style="list-style-type: none"> Chn negotiate moving around in an open space without impacting on others Chn find a space and put themselves in it Chn can bounce a ball and catch it Chn understand that their bodies change with exercise 	<ul style="list-style-type: none"> Chn draw controlled line and patterns Children hold a pencil in their preferred hand Chn select and safely use equipment in the setting

Spring Term	
Gross Motor Skills	Fine Motor Skills
<ul style="list-style-type: none"> Chn will know how to adjust speed under command Chn will know how to change direction under command Chn will know how to jump from 2 feet to 2 feet Chn will know how to perform a good running action Chn will know how to throw a beanbag/ball in a direction Chn will know how to catch a beanbag/ball with two hands Chn will know how to perform an underarm throw Chn will know that their bodies change when exercising Chn will know that exercise is good for the body as it gets the heart pumping and keeps them healthy Chn will know that their body can respond to different types of music Chn will know how to move in different speeds to the music Chn will know how to follow a set of instructions for how to move to music 	<ul style="list-style-type: none"> Chn will know how to undo and do up buttons, press studs, zips Chn will know how to use a range of materials to fix and join Chn will know how to control paint and glue appropriately for the job they want to do Chn will know how to choose the correct paintbrush for the job Chn will know how to use equipment independently eg paintbrush, glue spreader, scissors & use safely Chn will know how to form the letters as set out in RWI

<u>Assessment</u>	
<ul style="list-style-type: none"> • Chn perform an underarm throw • Chn can copy a series of movements • Chn know that exercise is good for your body 	<ul style="list-style-type: none"> • Chn dress and undress independently • Chn correctly form the letters as set out in RWI
<u>Summer Term</u>	
<u>Gross Motor Skills</u>	<u>Fine Motor Skills</u>
<ul style="list-style-type: none"> • Chn will know how to travel in different ways eg hop, skip, run.. • Chn will know how to pass a ball back and forth with a partner 	<ul style="list-style-type: none"> • Chn will know how to select the correct piece of equipment for the job they need and use it correctly • Chn will show accuracy and care when drawing • Chn will know how to form the letters as set out in RWI